

Alpine Special Treatment Center

Minimum Admission Criteria

- Individuals must be 18 years of age or older, considered seriously and persistently mentally disabled
- Axis 1 diagnosis of mental illness
 - The individualized treatment programs at Alpine Special Treatment Center are effective in treating clients who have been diagnosed with Schizophrenia, Schizoaffective Disorder, Bipolar Disorder, and Major Depressive Disorder
- Written physician's referral to the facility/level of care
- Must be ambulatory, meaning the ability to exit the facility unassisted under emergency conditions

In addition to the minimum criteria, successful candidates for treatment at Alpine Special Treatment Center must meet the following requirements:

- Not actively suicidal or harmful to self/others
- Not currently verbally or physically aggressive
- Not currently using drugs or alcohol (may have coexisting substance abuse diagnosis)
ASTCI does not provide detox services
- Independent with personal care activities, or able to respond to staff prompting
- Able to co-exist with peers (rooms are shared)
- Able to participate in a structured daily program as directed by an Individualized Treatment Plan
- Willing to take medications as prescribed, with reminders/prompting from staff
ASTCI cannot accept a client who is refusing medications.

Due to the nature of ASTCI's program, we are generally unable to treat persons with the following conditions: Antisocial Personality Disorder and Narcissistic Personality Disorder. We can treat a limited number of persons with Borderline Personality Disorder or Histrionic Personality Disorder but require that these individuals be willing to participate and comply with program rules.

Alpine Special Treatment Center cannot admit:

- Any person who is non ambulatory, meaning the inability to exit the facility unassisted under emergency conditions
- Any person who requires a medical device(s) for assisted living, such as an oxygen tank, catheter or C-PAP machine
- Any person whose primary Axis I Diagnosis is a Substance Abuse Disorder or an Eating Disorder
- Any person who is registered as a sex offender
- Hypersexual behavior may impact admission acceptance if the client requires extra staff observation, is a sexual predator (violence included), and/or requires a private room which is not amenable at a given time